

FLU VACCINES

Due October 30, 2020

Protect yourself and your owl community. Get the vaccine

The flu vaccine is required this school year. It's always important to prevent the flu, but in the context of COVID-19, it's even more important to do everything possible to reduce illnesses and preserve health care resources.

What are the benefits of flu vaccination? Per the CDC

- Flu vaccine prevents millions of illnesses and flu-related doctor's visits each year. Thousands of deaths occur in the United States each flu season due to a preventable disease.
- Flu vaccination can reduce the risk of flu-associated hospitalization.
- Flu vaccination is an important preventive tool for people with chronic health conditions.
- Flu vaccine can be life-saving in children.
- Flu vaccination has been shown in several studies to reduce severity of illness in people who get vaccinated but still get sick.
- Getting vaccinated yourself may also protect people around you, including those who are more vulnerable to serious flu illness, like babies and young children, older people, and people with certain chronic health conditions.

Ways to get the vaccine this fall:

- Visit your local pharmacy or medical clinic. Present your insurance card. Most insurance companies cover the cost, so it's most likely free!
- Visit the Rice library where Walgreens will administer the vaccine in the Kyle Morrow room. Present your insurance for processing and for most companies, it will be free.
 - Aug 31/Sept 1 8am to 4pm
 - Sept 3 11:30am to 7pm
 - Sept 8,14,16 10am to 6pm
- Schedule an appointment at Rice Student Health Services. The vaccine is \$18. You will receive a receipt to submit to your insurer. Aetna Student Health reimburses the full cost. SHS will give you a claim form.

How to submit proof of the vaccine

- Obtain a copy of your vaccine from the provider.
- Print your student ID on the page
- Submit to Student Health Services via
 - Fax 713-348-5427
 - Mail MS 760
 - Upload thru the website <https://rice.app.box.com/upload-widget/view/9z1qkuemp5hfpb9ngahysuvbatpjj8es/109016068616>

Vaccine waivers

- Please visit www.health.rice.edu for further information

